

January - Activities

2026

Monday

Tuesday

Wednesday

Thursday

Friday

Daily Activities

Monday-Friday: Open Exercise and Open Pool Tables (8:00 AM-4:00 PM)

Monday, Wednesday, and Friday: Chair Exercise (9:00 AM) and Cards (Noon)

Monday-Thursday: Line Dancing at Len Colla Recreation Center (1105 E. 4th St) from 10:00 AM - 12:00 PM

Tuesdays: Crochet at 12:30 PM

Spirit Week!
January 12-16



5

10:00 Tai Chi
10:30 Bridge Lessons
12:30 Bridge
1-4 Wood Carving/ Art Group

6

9:00 Donuts & OJ Hour with Open Dance
10:00 Chinese Mahjong

7

10-12 Grief Support Group
1:00 Mahjong

1

Happy New Year!
Center will be closed for Holiday

2

1:00 Bingo

8

10:00 New Year, New Me (Walking Group around the park)
10-12 Legal Assistance
12:30 TV Series: "A Man on the Inside"

9

1:00 Bingo

12

10:00 Tai Chi
10:30 Bridge Lessons
12:30 Bridge
1-4 Wood Carving/ Art Group

13

9:00 Donuts & OJ Hour with Open Dance
10:00 Chinese Mahjong
12:30 Drop in Karaoke

14

10-12 Grief Support Group
1:00 Mahjong

15

10:00 New Year, New Me (Walking Group around the park)
1:00 History Speaks: Casa Grande Ruins: Ancestral Sonoran Desert People

16

1:00 Themed Bingo: Flannel Friday

Monday
Mismatched

Tuesday
Bluesday

Wednesday
Western

Thursday
Throwback

Friday
Flannel

19



Center will be closed for Holiday

20

9:00 Donuts & OJ Hour with Open Dance/ Blood Pressure Checks
10:00 Chinese Mahjong

21

10-12 Grief Support Group
1:00 Mahjong

22

10:00 New Year, New Me (Walking Group around the park)
12:30 Craft: Jar Bird Feeder
[Sign up at Front Desk](#)

23

1:00 Bingo

10:00 Tai Chi
10:30 Bridge Lessons
12:30 Bridge
1-4 Wood Carving/ Art Group

27

9:00 Donuts & OJ Hour with Open Dance
10:00 Chinese Mahjong
12:30 Drop in Karaoke

28

12:30 Year of the Horse Dessert Social: Haystack Brownies
1:00 Mahjong

29

10:00 New Year, New Me (Walking Group around the park)
12:30 Food Demo: Homemade Instant Cocoa
[Sign up at Front Desk](#)

30

1:00 Bingo

Dorothy Powell Senior Center

405 E. 6th Street Casa Grande, AZ 85122

Hours: Monday-Friday 8:00 AM - 4:00 PM

P: 520-421-8760

